



## December 2020

Michael Parsons  
2 Penally Terrace  
Boscastle  
Cornwall  
PL35 0HA

**Camelford & District  
Age Concern  
Cornwall**  
Reg. Charity No:274217

### PROGRAMME SHEET For all residents and visitors over 50

Tel: 01840 250625  
Email: [mike@2penally.co.uk](mailto:mike@2penally.co.uk)

DAY	DATE	DESTINATION	XX	CONTACT	Tele: 01840....	TIME	DON	DRIVER
Tues	1							
Wed	2							
Thurs	3	Launceston	XX	Liz King	261710	9am	£6.00	Pete M
Fri	4							
Sat	5							
Sun	6							
Mon	7							
Tues	8	Truro		Liz King	261710	9am	£6.00	Dave G
Wed	9							
Thurs	10	Bude	XX	Barbara Clutton	****	9am	£6.00	Angie
Fri	11							
Sat	12							
Sun	13							
Mon	14							
Tues	15	Tavistock		Liz King	261710	9am	£8.00	Pete H
Wed	16							
Thurs	17	Wadebridge	XX	Barbara Clutton	****	9am	£6.00	Sue T
Fri	18							
Sat	19							
Sun	20							
Mon	21	Barnstaple		Liz King	261710	9am	£9.00	Pete H
Tues	22	Fraddon (M&S) Wadebri	XX	Barbara Clutton	****	9am	£7.00	Veronica
Wed	23							
Thurs	24							
Fri	25							
Sat	26							
Sun	27							
Mon	28							
Tues	29	Bodmin	XX	Barbara Clutton	****	9am	£6.00	Veronica
Wed	30							
Thurs	31							

XX: [Visit to a Supermarket]

\*\*\*\* Use ALL the following nos. to contact Barbara : 18002 01840 211011 Listen and wait for instructions.



Grants from Glass Fund & 100 Fund



Grants from Local Councillors